**FACULTY OF BEHAVIOURAL SCIENCES**

***1.3.1 Institution integrates crosscutting issues relevant to Gender, Environment and Sustainability, Human Values, Health Determinants, Right to Health Issues, Emerging demographic changes and Professional Ethics in the curricula***

**Response:-**The University follows the UGC Guidelines in syllabus and curriculum development. A paper on **‘Environmental Studies**’ was introduced in 2015-16 as a qualifying / non-credit paper. In order to enrich the curriculum and sensitize students towards various important issues such as gender, environmental consciousness as well as human values and professional ethics and developing in them many important life skills such as Positive Psychology and Mindfulness, these courses were added as value added courses in 2017-18 and 2018-19.

In fact, to stress the importance of positive psychology in daily life, the University had given a mandate to the faculty of Behavioural Sciences to teach this course to all first semester UG students of the University across all non-medical specialties. The Faculty of Behavioural Sciences transacted the course of **Positive Psychology and Mindfulness** of 2 credits to approximately 1000 students in the University in 2018-19. Psychology has traditionally focused on dysfunction—people with mental illness or other issues—and how to treat it. Positive psychology, in contrast, is a field that examines how ordinary people can become happier and more fulfilled. In this course psychology is looked from a positive perspective. Happiness, resilience, gratitude, positive effect, optimism, hope etc. buffer people from the deleterious effects of depression etc. A discussion of mindfulness, flow, and spirituality is framed as search for optimal experiences.

From the year 2019, UG students of 6th semester have been offered an Open elective course of 4 credits on ‘**Human Values and Professional ethics’** which is being taught through ICT to all final year students at the UG level across all faculties to sensitize them to the professional ethical standards and Human values that should guide the behavior and practice of professionals. In the 4th semester, students are studying a course on **Gender Studies** and in addition, workshops on gender sensitivity have been organized for all students and non-teaching staff. At the Postgraduate level, students in the first semester have also been taught a course on **Human Values and Professional ethics’** in 2018-19.

With the changes in the curriculum, now a 4-credit course on **‘Environmental Studies**’ is compulsory for the UG students and is being taught to them in the second semester which comes under the Ability Enhancement Compulsory course (AECC). **Human Values and Professional Ethics’** is a 2 credit Discipline Specific Elective (DSE) which is offered at PG level in second semester. FBS offers 4 credit Generic Elective in the first four semesters at UG level. The semester wise courses are **Stress, Yoga and Meditation** in the 1st semester, **Happiness and well-being** in the 2nd semester, **Emotional Intelligence** in the 3rd semester and **Positive Psychology & Mindfulness** in the 4th semester.

Recently, in the session 2020-21, a 1 credit course on **Psychology of Gender** is also introduced as a value-added course for both UG and PG final year students.